Atraumatic Restorative Treatment

Atraumatic Restorative Treatment (ART) is a caries management approach, consisting of a preventive (fissure sealant) and a restorative component (restoration). ART can be performed inside and outside a dental clinic, as it uses only hand instruments and a powder-liquid high-viscosity glass-ionomer, and requires neither electricity nor running water. It is relatively painless, minimizing the need for local anaesthesia and making cross-infection control easier.

BASIC PACKAGE OF ORAL CARE

Oral Urgent Treatment

Oral Urgent Treatment (OUT) is an on-demand service providing basic emergency oral care. The three fundamental elements of OUT are:

- relief of oral pain
- first aid for oral infections and dento-alveolar trauma
- referral of complicated cases.

OUT can be provided by trained non-dentist personnel.

Affordable Fluoride Toothpaste

Use of Affordable Fluoride Toothpaste (AFT) is one of the most important preventive measures in managing tooth decay. However, fluoridated toothpaste is often too expensive for disadvantaged groups in low- and middle-income countries to purchase. Approaches to AFT aim at enabling everyone to clean teeth twice daily with quality fluoride toothpaste.

From The Challenge of Oral Disease – A call for global action by FDI World Dental Federation.
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