

A DECADE ADVANCING HEALTHY AGEING THROUGH ORAL HEALTH

10
YEARS

The Oral Health for an Ageing Population (OHAP) initiative has put oral health at the heart of healthy ageing for over 10 years. Step by step, it has built an ecosystem of resources and advocacy tools that continues to evolve with the needs of ageing populations.

Evidence turns into everyday tools

From this point on, research is translated into practical resources for older adults, carers, and oral health professionals.

Oral health becomes a right for healthy longevity

The Tokyo Declaration makes oral health a basic right for healthy ageing. FDI launches OHAP to turn this into action.

2019

2026+

2017

2015

We listened to older adults and saw the gaps

Survey data showed where oral care still falls short.

Scaling impact for an ageing world
OHAP continues to improve oral frailty awareness and oral care for older adults globally.

“The exercises were easy to follow, and after a few weeks I noticed they helped my chewing and eating. My husband and I now complete them together every day.”

Maria
Patient, 76 yo.

“My patients have responded very positively to the Frailty App. The App is easy to use, helps me provide tailored advice, and patients report noticeable benefits.”

John
Dentist, 45 yo.

Scaling impact across every level of care

FOR OLDER ADULTS & FAMILIES



The **Exercise brochure (2023)** and **Oral health in older adults (2019)** support daily oral care and oral function for older adults.

700+
downloads

FOR DENTAL PRACTITIONERS & CARERS



The **Frailty guide (2023)** and **Managing older adults: chairside guide (2019)** support dependency-based care and oral hygiene for older adults.

4000+
users

FOR POLICYMAKERS & NATIONAL DENTAL ASSOCIATIONS



The **Advocacy Guide (2025)** and the **Roadmap for healthy ageing (2018)** equip NDAs and advocates to integrate older adults' oral care into national strategies.

520+
downloads



Discover and use OHAP resources

