

FDI Tobacco Cessation

Role plays

Role play 1: Practice using 5A's interventions

Two volunteers will adopt the role of two fictional tobacco users or two dentists.

Fictional tobacco user 1

James: "I am a 67-year-old man with 10 grandchildren. I have a gum disease and breathing problems. This is my third serious gum infection this year" "I want to quit smoking. I have tried several times and I am willing to try again".

In role play, James should express concerns about his gum disease and he doesn't know how he will cope with withdrawal symptoms.

Dentist 1:

A volunteer will demonstrate how to Ask, Advise, Assess the patient, then proceed with Assisting and Arranging.

Fictional tobacco user 2

Betty: "I am a 40-year old woman and I have been chewing tobacco for over 20 years. I come to see the dentist because my teeth becoming more and more sensitive. I really want to quit using tobacco in order to improve my oral health."

In role play, Betty should express concerns about her husband who may not support her as he smokes and doesn't plan on quitting.

Dentist 2:

A volunteer will demonstrate how to Ask, Advise, Assess the patient, then proceed with Assisting and Arranging.



Role Play 2: 5R's interventions

Two volunteers will adopt the role of two fictional smokers or two dental care providers.

Fictional smoker 1

Peter: "I am a 50-year-old man. I have a tooth infection and my face is swollen. I already lost one tooth last year. I hope that I won't lose another tooth. My smoking isn't really a concern to me."

In role play, Peter should express concern about tooth loss.

Dentist:

Ask, Advise and Assess the patient, then deliver the 5R's if appropriate.

For Peter: 5R's should be delivered, focusing on Risks and Rewards.

Fictional smoker 2

Mary: "I am a 25-year-old woman and I am soon to get married. I come to clean my teeth." "I want to quit but could never quit – I have a very stressful job."

In role play, Mary should express concern about her stress levels while quitting.

Dental hygienist:

Ask, Advise and Assess the patient, then deliver the 5R's if appropriate.

For Mary: 5R's should be delivered, focusing on Roadblocks.